



The Bewdley School & Sixth Form Centre Specialist Arts College

Learning for Life - Achievement for All

18 June 2018

Dear Parent/Carer,

Kooth Online Counselling Service

As a school we try and assist students who need support with their emotional health and wellbeing. In order to further support your child we have introduced Kooth.com.

Kooth.com is a free, confidential, safe and anonymous way for young people aged 11-26 to ask for help and support from a team of highly qualified and experienced counsellors and support workers.

Kooth.com is a well-established, award winning online counselling agency and is accredited by Worcestershire County Council and The British Association of Psychotherapy and Counselling (BACP). The service aims to work with young people who need support before any issues or problems they face become overwhelming. As Kooth is available via the Internet support can be flexible, accessed at home or school and at a time that suits the young person.

The service is designed to help young people, many of whom would never have access to face-to-face counselling.

Kooth services include:

- Themed message forums
- Secure web-based email
- Articles regarding mental health and wellbeing
- Online "Need to Talk" function giving access to a trained counsellor/support worker.

If you have any questions about the service contact Mr D Chauhan on 01299 403277 or visit www.kooth.com for further information.

Yours sincerely

Mr D Chauhan – Deputy Head Teacher

Headteacher Dave Hadley-Pryce



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