

Understanding Your TEEN

Venue
Bewdley School
and Sixth Form
Centre

Come along to the taster session:
9.30am – 10.30am Wednesday 10th October
(We will greet you in the school Reception area)

The ten week (2 hour) Group Programme will start:
Wednesday 17th October 9.30 until 11.30

(There will not be a session during half term week 24th October
and also no sessions on the 14th and 21st Nov)

Final session: Wednesday 23rd January 2018

What is Understanding Your Teen?

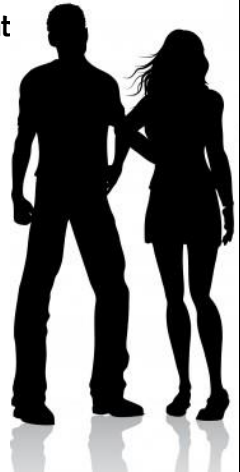
'Understanding Your Teen' is a 10 week group programme that helps you to understand more about sleep, bullying, relationships and why your teenager behaves a certain way when they are angry.

Our Understanding Your Teen group programme is for families with children & young people aged 11-19 years.

Is this for ME?

- 💡 Would you like ideas on behaviour?
- 💡 Do you want to feel more confident as a parent
- 💡 Would you like to meet new people?

For more information, or to book
onto our next course, please contact
Brookside Children's Centre on
01562 827207



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two