Dear Year 7 Pupil,

Welcome to Bewdley High School. You may feel a bit nervous on your first day but I managed to feel more settled in a couple of hours. It is very hard to get lost, all the blocks are labelled with letters, but if you do get lost then you can just ask around and people will help. If not, you can always go to reception and they will direct you where to go. The rules are simple, nearly the same as primary school. For example, be nice, use common sense and be courteous and you'll be fine.

Homework is more than you would get in primary school but its only about an hour a day. When it's issued, they give you a time frame to do it, but it often takes less time than it says and you can hand most of it in online to make things easier. You can contact your teachers online to help you if you need to as well. It's a good idea to do your homework as soon as you get it, so you don't get overloaded, you also have time to do homework at lunch or on breaks to catch up if need be.

One of the biggest differences between primary and high school is having different classes for each subject. This may be different teachers, classrooms and students. It can be confusing at the start but it's a lot easier than it seems, everything is on your planner: the room, block, teacher and subject. This can be good as you get to meet more people and make more friends. You can meet people at lunch and break times and its easier to make more friends as there are more people who have similar interest to you.

Food at Bewdley is really good, dinners are similar to primary school and there is a good selection of hot and cold snacks at lunch and break.

Always remember if you ever feel worried or upset there are lots of people who can help, for example your friends, form tutor, head of year and the deputy heads and head teacher are really friendly too. Just ask at reception and they can help you with most things. Try your best, that's all they ask of you.

Sam.