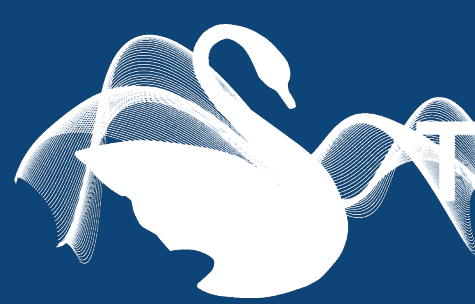




MENU

WEEK 2



THE BEWDLEY SCHOOL
We fly with our own wings

All listed items £2.60

MONDAY

MAIN

Tikka & Rice
Chicken tikka/Cauliflower & Chickpea curry (V), onion, mixed peppers, tomato, spinach, coconut milk served with 50/50 rice & peas served with **nann G**

PASTA STATION

Pasta & Sauce
Mixed **pasta**. (V) **G**
Tomato hidden sauce Optional **cheese (M)** topping.

SIGNATURE STREET

Fish O Burger
Salmon and sweet potato fishcake **(F) (G)** served on a 4” **bun (G) (M/C)** with reduced fat **mayo (E)** and shredded iceberg lettuce.

Chargrilled wrap
Chargrilled chicken & vegetable (peppers,onions, carrot) savoury 50/50 rice served in a **torilla wrap (G)**.

Paninni
Mozzarella (M) & ham/**Mozzarella (M)** & tom fresh (V)/**Mozzarella (M)** & peppers (V)/**Mozzarella (M)** & pepperoni in a flattened and baked pannini **baguette (G)**.

TUESDAY

MAIN

Mac Cheese & Broccoli Bake
Macaroni (G) and steamed broccoli in **cheese** sauce **(G) (M)**, served with green beans, sweetcorn & garlic **bread** slice **(G)** (V).

PASTA STATION

Pasta & Sauce
Mixed **pasta**. (V) **G**
Tomato hidden sauce Optional **cheese (M)** topping.

SIGNATURE STREET

Meatball Sub
Pork & Carrot meatballs/**Quorn** vegan ball (V) **(G)** in tomato based hidden sauce baked in a **baguette (G)** and topped with **cheese (M)**.

Katsu Pot
Breaded Chicken Goujons **(G)**/Sliced **Epic (G)**
Katsu curry sauce/sweet chilli sauce, 50/50 rice & peas.

Spicy Bean Burger
Spicy bean **burger** (V) **(G)** served in a 4” **bun (G) (M/C)** with sweet chilli **mayo (E)** & shredded iceberg.

WEDNESDAY

MAIN

Enchillada
Chicken tikka with peppers/Napolina Five Bean Salad (V) **CONTAINS MUSTARD** tomato, wrapped in a **tortilla wrap (G)**, topped with **cheese** mix **(M)** & oven baked, served with **crispy/herby diced potato (G)**.

PASTA STATION

Pasta & Sauce
Mixed **pasta**. (V) **G**
Tomato hidden sauce Optional **cheese (M)** topping.

SIGNATURE STREET

Double Cheese Burger
2 x 2oz steamed RT beef **burger (G)**, lined with mature cheddar **cheese** slice **(M)** and served on a 4” **bun (G) (M/C)**.

Giant Dog
Oven baked jumbo **sausage (G)** (S) **SULPHATES** steamed fresh onions slices served in a freshly baked **baguette (G) (M/C)**.

Ciabatta
Garlic **Ciabatta** (V) **(G)** tomato/bbq sauce, **mozzarella (M)** sweetcorn/peppers option.

THURSDAY

MAIN

Beef/Pork/Quorn Roast
Beef/Pork/**Quorn** fillet (V) **(G)** homemade roast potatoes, steamed vegetables & gravy.

PASTA STATION

Pasta & Sauce
Mixed **pasta**. (V) **G**
Tomato hidden sauce Optional **cheese (M)** topping.

SIGNATURE STREET

Falafel Sub
Oven baked **falafel** (V) **(G)** in a tomato hidden sauce lined **baguette (G)**, topped with **cheese (M)** and baked.

Pasta Bolognaise Bake
RT beef mince cooked in a tomato based hidden sauce with onion, carrot, garlic, tomato, baked with wholemeal **pasta (G)**

Loaded skins
Baked **cheese (M)** bacon filled potato skins served with mixed salad.

FRIDAY

MAIN

Chicago Town Pizza & Wedges
Freshly baked Chicago stuffed crust pepperoni **pizza (G) (M)**/Freshly baked Chicago stuffed crust 4 **cheese** pizza (V) **(G) (M)**, served with oven baked wedges **(G)**,vegetables/salad/baked beans.

PASTA STATION

Pasta & Sauce
Mixed **pasta**. (V) **G**
Tomato hidden sauce Optional **cheese (M)** topping.

SIGNATURE STREET

Fish Finger Baguette
MSC oven baked breaded **fishfingers (F) (G)** , served with **mayo (E)**/sweet chilli **mayo (E)** & shredded iceberg on a freshly baked **baguette (G) (M/C)**.

Pizza Slab
Wholemeal **pizza** base **(G) (M)** covered in tomato hidden sauce topped with mozzarella **cheese** (V) **(M)** and or pepperoni & ham slices.

Chilli & Rice Pot
Beef/**Quorn** (V) **(E)** chilli served with 50/50 rice & peas.

(G) GLUTEN - **(M)** MILK - **(E)** EGG - **(F)** FISH - **(S)** SOYA - **(M/C)** SESAME